



Sivan~Tamuz 5782

July 2022

TERUAH



*A strong, vibrant community with a spiritual heart
embracing Jewish life and its diversity.*

(ISSN 1177-2352)

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Opinions expressed in Teruah do not necessarily represent the views of Beth Shalom Board of Management.

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Our Board members

Affiliated with the Union for Progressive Judaism (UPJ)

Charities Commission Registration Number CC29542

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Office: Christine O'Brien office@bethshalom.org.nz

Website: www.bethshalom.org.nz

Executive

- President, Michelle Wise, president@bethshalom.org.nz
- Immediate past president, Olga Bernstein, olga.bernsteinz@gmail.com
- Vice President, Ted Ries, vice_president@bethshalom.org.nz
- Secretary, Rachel Zussman, secretary@bethshalom.org.nz
- Treasurer, David Singer, treasurer@bethshalom.org.nz, (Finance Committee)

Board members and portfolios

- Kate Bukowski, kate.bukowski@gmail.com
- Suzanne Murek, susanne.murek@gmail.com
- Shane Sampson, shane@bethshalom.org.nz, Finance Committee
- Arie Rosen, rosenari@gmail.com, Ritual Committee, Education Committee

- Educator, educator@bethshalom.org.nz
- Community Care, Lita Summerfield, serendipitylita40@gmail.com
- Senior Outreach, Chris Shiller, shiller@orcon.net.nz
- Auckland Jewish Burial & Benevolent Society, Sue Berman ... 022 051 3589, ajbbs@bethshalom.org.nz

Service times are Fridays at 6:30pm and Saturdays at 10am.

We are now at the Orange level of New Zealand's Covid response. At Beth Shalom, we are no longer using vaccine passes but will **continue to require masks to be worn inside at Beth Shalom events/gatherings, including services and Hebrew School.** We made this decision because masks are an effective way to limit the spread of Covid which is particularly important when singing and it is important that we continue to protect each other when we choose to gather together on-site. Smaller, private meetings or gatherings run by other organisations at Beth Shalom may choose not to require masks, so for all events/gatherings we will advertise clearly whether or not masks are required. However, we strongly encourage masks to be worn at meetings on-site at all times

Coming up in July ...

- **Friday 1 July, Shirei Shabbat.**
- **Sunday 3 July,** tours of JCC - registration required.
- **Friday 8 July, 6:30pm Board induction and UPJ Vatik award presentation to Paul Wilton.**
- **Saturday 9 July Morning Service at 10am** Rabbi Dean will welcome baby Max Richards into our community. There will be kiddush sponsored by Max's parents.
- **Saturday 9 July at 5.30pm LGBT+ Members' evening at Beth Shalom.**
- **Thursday 28 July at 7.30pm, Community Meeting** at Beth Shalom about the JCC
- **27-28 August 2022 - Limmud NZ** in Wellington.
- **17-20 November 2022 - UPJ Biennial,** Sydney



RESCHEDULED

BOARD INDUCTION

Join us as we
honour our new
Board of
Management

**8 July, 2022
6:30 PM**
In Person on Manukau Road
Or on Zoom & OneRoom

BETH SHALOM
בית שלום

*A strong, vibrant
community with a spiritual
heart embracing Jewish life
and its diversity*



**You're unique.
Your insurance
advice should
be too.**

TIB The Insurance Brokers

Rothbury
INSURANCE
BROKERS

TIB is now part of Rothbury Insurance Brokers.
We love being local and helping local businesses succeed and grow. Get in touch, we'd love to help you.



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New Board Member Kate Bukowski talks about small groups

As a new board member, I asked Rabbi Dean what I could do to help the community. From several conversations where we discussed where Beth Shalom is currently with a strong but small membership, and people spread out geographically, the idea of small groups emerged. Small groups are a framework that has successfully worked in overseas Jewish communities. They are open to all and are self-regulating and managing. Everyone in the community is welcome to attend. The common thread between groups is the Jewish component which binds participants together. The group may make kiddush, do Havdalah or have Jewish-related discussion questions in a movie or book club. It offers something extra for members and new Beth Shalom members would be invited to small groups when they join.

For communities that are spread out geographically, small groups offer the opportunity for people to meet and connect outside of shul. For 'staff poor' communities, small groups spread the load and offer the opportunity for members to lead or host groups. Small Groups allow the community to offer meaningful ways to engage and extend our reach into people's lives. Most importantly, they facilitate connection.

We would be interested to know what small groups members would be interested in participating in and if they would be happy to coordinate or host a group. We will need members to lead and initiate a small group, give them some ideas, but also be open to new ideas. We already have the crafting group meeting in person.



We are looking to start up an LGBTI+ group, a cinema club, and a wine club. Later in the year if there is interest, we can support setting up a North Shore group, meditation sessions and a gardening group.

Please fill in this short survey here <https://forms.gle/VKKxxGMarbfQg9JA> and we will be in touch if you would like to be involved.



From Rabbi Dean

Primates live in bands. Chimps, gorillas, bonobos – our closest cousins – live in groups of 50 – 75 individuals, generally. Those groups divide when the numbers get too high. Yet we live in a city of 1.65 million people. It's busy and dynamic, but it can be overwhelming. The larger the city, paradoxically, the harder it can be to make friends.

Human beings need small groups. We thrive when a handful of people recognise us, care about us, truly see us for who we are, notice when we're missing. Some of us find that in family, and some at work. Others are lucky enough to have a tight group of friends from school. Most of us don't – or want another group, too.

That's where synagogue comes in. When we come to synagogue regularly, we become known. Folks know where we like to sit, and how our faces light up when we sing a certain tune. We may put hands on shoulders (or even give hugs!) when it's a loved one's yahrzeit. We are seen and valued.

But services are not for everyone. Plenty of us have good reasons why we're not regulars on Erev Shabbat or Shabbat morning. Even so, we feel that fundamental human desire.

Beth Shalom is launching a series of small groups. Centered on a neighbourhood or activity, they'll be open to all synagogue members. You are invited.

We hope to launch a wine club – for connoisseurs, or those who just want to share a nice drop. If you'd be willing to organise a gathering, let us know.

Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex people are invited to Havdalah on Saturday night, 9 July, at synagogue. It'll be a casual event, including a Q&A with me.

Our Crafty People is a small group of folks who gather to knit, crochet, or work on other projects together – all while chatting and laughing. Keep an eye out for future meetings.

We hope to add more groups over the coming months. Cinema? Meditation? North Shore? If you have any ideas or would like to coordinate an event, let us know via this Google Form:

<https://forms.gle/eX9UZhW63Ag51UBX8>

Beth Shalom is your community. We connect best and most meaningfully in small groups, and hope you'll join us.

Rabbi Dean Shapiro



FORMER HEART DOCTOR LAURENCE REYNOLDS DIES AGED 107, BELIEVED NEW ZEALAND'S OLDEST MAN

By Cherie Howie on the NZ Herald...

Laurence Reynolds was 28 when a doctor stood at the foot of his military hospital bed in Karachi and wondered aloud if they had a suitable coffin for him.

The medical officer expecting the worst for the young Kiwi wartime doctor, who was near death with heart toxicity from the high doses of drugs treating his amoebic hepatitis, didn't know who he was dealing with.

"He told himself he wasn't going anywhere", Reynolds' son Roger said this week, after his father died of heart failure on May 17 aged 107.

Family say the centenarian, born on April 5 1915, three weeks before the first Kiwi boot landed on Gallipoli's shores in the infamously ill-fated World War I battle, was New Zealand's oldest man at the time of his death.

The Department of Internal Affairs wasn't able to confirm, but according to the Gerontology Wiki website Reynolds became the oldest living man in New Zealand after 108-year-old Cantabrian Bill Mitchell died in November.

Read the full article on the NZ Herald [here](#).



Gardening Bee, Sunday 26 June



Service leaders roster will be published progressively in the weekly email newsletter.



Prayers for Healing Group

A group of Beth Shalom members has commenced, to think of and pray for individuals in our community, who are in need of healing.

The idea is that this group is not an organised group or minyan. Simply, caring people who, when made aware of the need, help healing with the power of prayer.

And that families in distress might receive comfort from the knowledge that this is taking place.

Caring for the unwell is part of being a community.

For those interested, I can supply articles: "The Jewish Way in Healing", and some scientific research on the positive power of prayer in healing.

- If you wish to be part of this group or if you know of someone who is unwell that would appreciate our prayers.
- Please contact Leon Goldwater or Christine O'Brien at shul office
- Leon: ldgoldwater@gmail.com 020 403 88054
- Christine: office@bethshalom.org.nz 524 4139

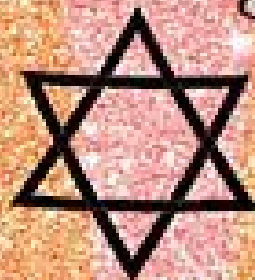
LGBT+ Members' Evening

Beth Shalom

LGBT+

Members' evening with

Rabbi Dean Shapira



Welcoming our Rainbow Members for
Havdalah

A talk by our Rabbi
Drinks and finger food provided

SATURDAY 9 JULY

5:30-8:30

180 MANUKAU ROAD EPSOM

Save the date! ALSO ON ZOOM

Check the weekly email newsletter for the Zoom link



THURSDAY
28 JULY 2022
7.30-9.00 PM

beth 
shalom
auckland new zealand
בית שלום

COMMUNITY MEETING ABOUT THE AUCKLAND JEWISH COMMUNITY CENTRE (JCC)

*Presented by the Beth Shalom
JCC team, and members of
AHC Trust and Jewish Auckland*



Women's Refuge Winter Appeal



It's that time of year again to launch our Women's Refuge Winter Appeal.

They are in need of new or "clean, near new" clothing such as winter pajamas - for children of all ages and women - blankets, socks, jerseys and track suits, hats and scarves, outdoor wear - rain jackets, boots and umbrellas.

Because of Covid and the several lockdowns over the last two years there is an ongoing need for non-perishable food and especially at the moment, they are asking for pasta sauces, tuna or tinned fish, long life milk, tea and coffee.

As always toiletries are needed - soap, deodorant, hand cream, sanitary products, shampoo, conditioner etc., for the women and for the children and babies - toothpaste, toothbrushes, nappies, bottles and baby food.

Also, on the list this time is toilet paper - I was told that it is the one item that runs out the quickest as the safe houses have to be kept well stocked.

We will continue this special appeal for the next couple of months - Winter is just a few weeks away.

If you are unable to deliver the goods to shul, please contact:

Chris Shiller, mobile 021 177 4934, Email shiller@orcon.net.nz

and a plan will be made to collect your items.

The Women's Refuge has asked me to pass on their grateful thanks for the continued support by the Beth Shalom community over many years, Your donations are always very much appreciated.

Burial & Benevolent Society

In June we honoured the long life of Laurie Reynolds and supported the bereaved family of Betty Barbalet. May their memory be for a blessing.

It was an honour also to support a kiddush lunch celebration of member Stuart Rueben on his special decade birthday.

On committee business we have been working on a number of matters to better understand the process and costs of pre-purchase of burial and ash plots at Waikumete, costs related to Davis Funeral Services and the cost and options for gravestones from Thompson Memorials. We are happy to discuss options and any questions you may have regarding any of these important but pragmatic issues.

The B&B appreciate the contributions made this year for membership and the additional donations that support our ability to offer benevolent support to the community.

On a ritual note, I found this poem on Shiva.com that relates to the tradition of Krieh - the rending of garments in grief.

Krieh - Tearing the Cloth by Harold M. Schulweis

Why rend the clothes?
So strange to a tradition
that admonishes
not to break or to destroy

It is for the sake of anger
against the unfairness of the world
anger against him or her, God or self?
Is tearing the cloth to give outer expression
to the tattered soul within?

Or is it a parallelism
the death of a person like the burning of a Sefer Torah
for which tearing the clothes is performed?

The burial of a human like the burial of a Torah
A human being is like a Sefer Torah
Studied, it has wisdom to impart
Lived, it has goodness to convey.
Rend the garments for the "Torah-mensch"

Each of us a letter in the Torah scroll
Together our lives are intertwined

Our common fate and faith
our common destiny
find us like the stitches of the parchment
when any of us is lost
The holy text is torn.
In memory we are mended.

I am looking forward to a national acknowledgment of Matariki this year, acknowledging the wisdom and value of mātauranga Māori here in Aotearoa New Zealand - a time for remembering those that have passed and to connect with family. Matariki makes me think of the Hanah Senesh poem we often say as a memorial prayer... you may be familiar with it from mishkan tefillah... **"There are stars up above**, so far away we only see their light long, long after the star itself is gone. And so it is with people we have loved....."

Wishing you all a wellness in the winter months ahead.

Sue Berman

ph: +64 220513589

Community Care ...

Hi everyone, well, this year is certainly flying past, the HHD's will be here before we look around!

It's starting to turn a lot colder here in Auckland, a reminder that Winter is now upon us along with its usual coughs, colds and flu. We also have Covid in the mix as well, and we are already beginning to hear stories about that and the flu spreading, so we must take extra care of ourselves if we don't want to be part of the statistics. Get the jabs, wear masks where needed, and keep away from people showing symptoms. Look after yourself and be mindful of others. Contact us or get your family or friends to call us if we can help you in any way. Even if you are not in Auckland, we can still send a card or make a friendly phone call. You are still important to us, and we want to be there for you too.

HOW CAN THE COMMUNITY CARE TEAM HELP?

As usual, we are here to help and support you. Please feel comfortable to ask us

- After a fall or feeling unwell
- Finding it a challenge to do things for yourself,
- Need a helping hand short term,
- Perhaps I need to just talk to someone,
- Need help with filling out forms,
- Need someone to be with you when visiting a doctor,
- Or need support getting X-rays done.

We know some of these suggestions may not be possible at the moment, but we can still help you put things into place, for when they are. As always though, we need to know if you want help of some kind before we can give it. Do **you** know of someone who is unwell, that would benefit from:

- **a phone call?** MOST important at this time. People on their own, even if they are well, can feel very isolated during lockdown and a friendly voice can be very comforting, OR
- a get-well card,
- some flowers to cheer,
- receive a frozen meal. Get a family member to call us if you cannot.

INDEPENDENCE IS WONDERFUL

Consider how a helping hand can support you in achieving this.

Especially when it is offered willingly by members of our team.

**LET US SHARE YOUR GOOD THINGS AND TELL US IF
THERE IS A SPECIAL ANNIVERSARY, OR A NEW BABY OR
ANY OTHER HAPPY EVENT ON THE HORIZON.**

Please, continue to take care and stay safe.

Left to right,
Ora Lefebvre.
Chris Shiller,
Barbara
Sandler, Lita
Summerfield,
Sandra van
Eden, Bill
Merrill, Lorna
Orbell and
Sandra
Brickman.



Contact:

Chris Shiller 021 177 4934 shiller@orcon.net.nz

Lita Summerfield 021 297 9462 (TEXT ONLY) or email: serendipitylins40@gmail.com

Lorna Orbell 022 026 2897 chaim@slingshot.co.nz

Lita (Chairperson) and the Community Care Team.

Shalom Court

Shalom Court, along with other rest homes and retirement villages, has been challenged by the Covid epidemic. The staff have given their all throughout these difficult times and have maintained their outstanding care of the residents throughout. There has been a small turnover of staff with the long serving manager, Malindy Rose and two registered nurses having moved on.

Sadly some residents have passed away in recent months but happily we have been able to welcome some new residents to the Shalom Court family.

The Governing Committee along with the Trust Board have employed HBH (Howick Baptist Hospital) who have had many years of expertise in assisting smaller rest homes, in revitalizing their institutions. HBH started in February, and we are already benefitting from their expertise.

Thanks to a generous bequest left by Gerti Blumenfeld, a memorial garden was created in her name. Her family, Judy and David Hoadley (who came over from Melbourne) and Nina Blumenfeld, attended this function along with 30 other guests. At the same time, a herb garden in front of the lower lounge, and all the other gardens received a makeover. This has greatly added to the ambience of Shalom Court. Some much needed maintenance is currently being undertaken.

Thanks are due to the many people who continue to purchase bricks (still only \$2 each) as a way of remembering various occasions. A big thank you is extended to Esther Haver (chair of the Board of Management who has almost lived at Shalom Court over recent months) and Jack Porus (Chair of the Trust Board) and their committees. Thanks are also extended to the staff and the many volunteers who contribute to the general well-being of the residents.

We look forward to healthier times in the knowledge that all visitors will then be able to visit Shalom Court on a more regular basis.



UPJ Biennial Conference 17-20 November

**EARLY BIRD
REGISTRATION
OPEN!**

PROGRESSING JUDAISM

**8 DAYS A
WEEK**

UPJ BIENNIAL • NOVEMBER 17-20, 2022

**We hope you will join us at the
UPJ Biennial Conference, featuring:**

Creative and uplifting services, engaging music presentations,
International and local speakers featuring Rabbi Sergio Bergman,
President of the World Union for Progressive Judaism

Novotel Brighton Beach, Sydney

ENQUIRIES:

upj@upj.org.au and **0416 700 613**

Register: <https://upj.org.au/2022-biennial>



**UNION FOR
PROGRESSIVE
JUDAISM**

UPJ Biennial to feature world leader on climate change



"We are Jewish in what we do. We don't just read Torah, we are Torah. We write on the scroll of our days as practitioners of vibrant, diverse, and meaningful Progressive lives. We lead Jewish lives rooted in our millennia-old tradition, while cherishing our contemporary, egalitarian, and inclusive approach." This is the essence of Progressive Judaism shared by Rabbi Sergio Bergman, President of the World Union for Progressive Judaism (WUPJ), in advance of the UPJ's Biennial Conference to be held on 17-20 November in Sydney.

Rabbi Bergman, who will be the featured guest speaker at the Biennial, served as Argentina's Minister for the Environment and Sustainability from 2015-19, and in 2017 headed the Argentine delegation to the United Nations Climate Change Summit, overseeing the G20 Sustainability Working Group tasked with building climate change for developing nations. In March 2019, he was named one of the 100 most influential public figures on global climate policy.

As WUPJ President, Rabbi Bergman leads the international network of the Reform, Liberal, Progressive, and Reconstructionist Jewish movements, serving 1.2 million members worldwide in more than 1,250 congregations in over 50 countries.

The enthusiastic response to the Rabbi Bergman's two-week visit to Australia in March, when he spoke on behalf of the UIA Progressive Appeal, prompted the UPJ to ask him to return for the November conference, providing an even wider reach for his inspiring messages.

Progressive Jews from around Australia, New Zealand, Asia and worldwide are expected attend the UPJ Biennial, which will be held in person at the Novotel Brighton Beach in Sydney in November.

Biennial co-chairs Susan Kadar and Dorothy Graff OAM said: "We are thrilled that Rabbi Bergman has agreed to return to Australia as our guest speaker, and we are certain his message of incorporating Progressive Jewish values in our daily lives, and promoting environmental sustainability, will attract attendees from around the UPJ region and beyond."

The Beatles sang "8 Days a Week", Shakespeare wrote "forever and a day" and today we say "24/7" - the UPJ Biennial titled "Progressing Judaism: 8 Days a Week" will explore how we can expand our Jewish values beyond our one-day observance of Shabbat, incorporating our Jewish identity into myriad interactions with the world around us.

Early-bird registration open at the end of June. Enquiries: upj@upj.org.au, and to register go to: <https://upj.org.au/2022-biennial>.

Rabbi Bergman chatting with Rabbi Shoshana Kaminsky (Beit Shalom Synagogue, Adelaide): <https://youtu.be/ig81QCpRDOK>

Rabbi Bergman chatting with Rabbi Dean Shapiro (Beth Shalom, Auckland):<https://youtu.be/fVxSrbPMn7c>

Kabbalat Shabbat 5 August with Temple Sinai

Kabbalat Shabbat
Friday night - 5 August - 6:30pm

Rabbi Esther Jilovsky and Rabbi Dean Shapiro will lead a combined service to welcome Shabbat and to honour our Czech Torah scrolls remembering the lost Jewish communities of Humpolec and Heřmanův Městec.

Join us online. A Zoom link will be provided the week of the service.



Limmud in Wellington



LIMMUD NZ

August 27 - 28
Wellington East Girls' College
REGISTER NOW
www.limmud.org.nz

Author of *The Assignment*



Our first international speaker spotlight is on author Liza Weimer, whose book 'The Assignment' was inspired by an antisemitic school assignment in a small American town, the effects of which rippled out causing curriculum violence and reinforced Jewish stereotypes. Liza will share behind-the-scenes information, research, and why this book is helping to change Holocaust education, connecting the past to what's transpiring in society today.

CLICK HERE TO REGISTER