# TERUAH

THE PROGRESSIVE JEWISH CONGREGATION OF AUCKLAND

ELUL 5784 -TISHREI 5785 BETH SHALOM



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"I feel so isolated." "I worry about wearing my Mogen David." "I'm constantly on edge." "I can't even talk to my daughter about this." I've heard all of this, and more, from you this past, painful year.

As horrible as the situation is between Israel and its neighbours, we, here in New Zealand, have felt afraid, too. Many of us are the only Jew at our workplace. Close friends and family members don't understand. We feel deeply alone.

We need each other at times like this. We need to be around other Jews.

Synagogue is, literally, a place of gathering. It's the beit Knesset, the place we come together, embracing our commonality even through our differences. It's the place where people speak our language, accept us as who we are. It's a place we can let our guard down, secure in the knowledge that we belong.

That feeling is more precious than ever this year, and its ours these High Holy Days. Soon, we'll stand in a room full of fellow Jews. We lower our defenses. We assume good will. We remind one another that we are not alone. We support one another by our very presence.

During the Days of Awe, we imagine ourselves standing before Kisei Kavod - God's Throne of Glory. There, we stand alone. Titles and honours are stripped away. Our job and our money count for nothing. Even our intentions mean little. All that matters is our actions; how we treat others, ourselves, and the planet must speak for themselves. How better to stand alone than in the company of caring, open-hearted people?

I look forward to seeing you these High Holy Days, as we stand together.



Email: rabbi@bethshalom.org.nz

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## **HIGH HOLY DAYS SERVICES & EVENTS**

# Shma Koleinu Hear our prayers for a year of peace.

The Days of Awe are nearly upon us: a time for personal growth, spiritual introspection, and the joy of togetherness. After this painful year, we feel the call to community all the more powerfully.

Rabbi Dean Shapiro will lead our services along with community members. They'll be full of music and thoughtful opportunities for self-awareness.

In addition to a range of tshuvah-related options on Yom Kippur Afternoon (David Zussman speaking on The Mitzvah of Fair Housing, a learning session with Rabbi Dean, a chance for meaningful conversation and connection with fellow community members, a walk around the neighbourhood, and traditional davening), you're invited to the more intimate gatherings of Selichot, Tashlich (held at water's edge), and Kever Doroteinu (a service of remembrance held at Waikumete, formerly "Kever Avot"), as well as Family Services and Reverse Tashlich, when we help clean up Auckland's waterways.

We look forward to sharing these High Holy Days together.



## **HIGH HOLY DAYS SERVICES & EVENTS**







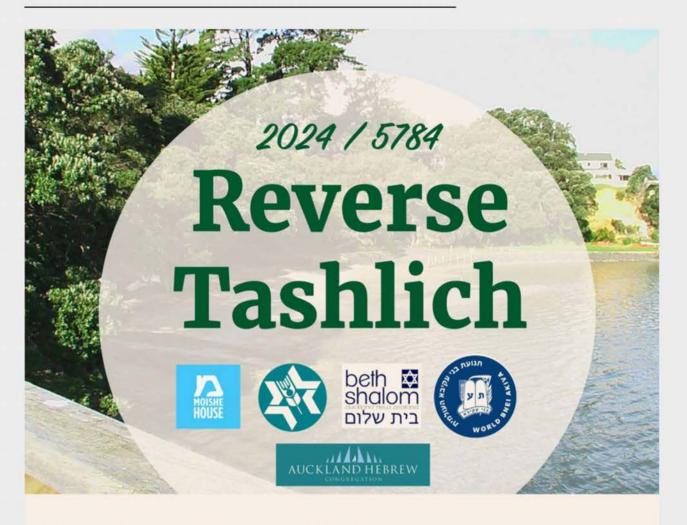
"Here I am again ready to let go of my mistakes.

Help me to release myself from all the ways I've missed the mark.

As I cast this bread upon the waters open my heart to blessing and gratitude."

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## **REVERSE TASHLICH - OFFSITE EVENT**



# Join us for another year of the Reverse Tashlich initiative!

In an effort to practice Tikkum Hayam (Repair of the Seas), we will dedicate a day to cleaning and protecting our beautiful Aotearoa waters!

We had an amazing turn out in previous years and we can't wait take on this challenge again!



29th of September 10 AM



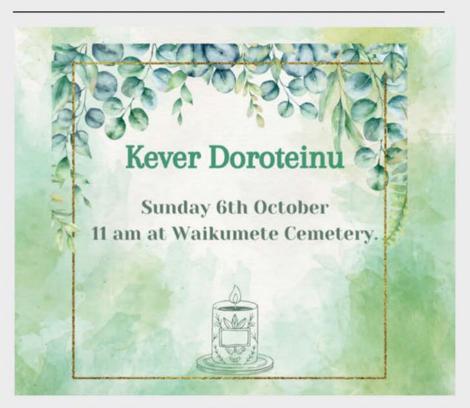
246 Beach Haven Road, Birkdale, North Shore



For more information email paul@pl.net



# **HIGH HOLY DAYS SERVICES & EVENTS**







"We invite the Beth Shalom community to join us on 6
October for a ceremony of dedication and commemoration."

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## **HIGH HOLY DAYS SERVICES & EVENTS**

# Yom Kippur

Erev Yom Kippur -Friday 11th October

Kol Nidrei - 7:30pm

Yom Kippur Day -Saturday 12th October

Family Service - 10am Morning Service - 11am Afternoon Service - 4:45pm Yizkor - 6pm

Neilah and Havdalah -7pm



#### Additionally:

Connection Session: 1:30 pm Study Session: 2 pm Musaf Service / Tiyul: 3 pm Guest Speaker: Justice Series- 3:45 pm

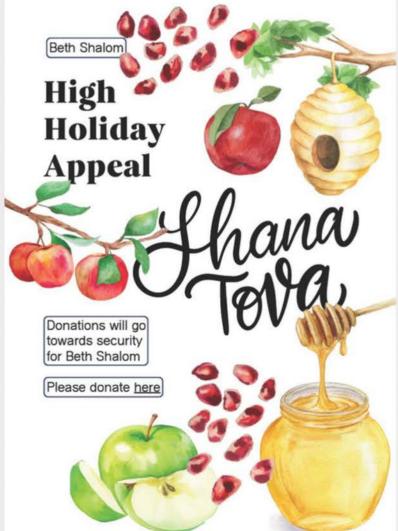




Daylight savings starts on 29 September so Yom Kippur will end at 8.14pm on 12 October







Please donate using the link here

# HIGH HOLY DAYS IMPORTANT NOTICES

#### **Tickets for High Holy Days 5785**

Non-members, friends or visitors who would like to join us at Beth Shalom for High Holy Days, please follow this link to acquire a ticket:

https://events.humanitix.com/high-holy-days-5785-at-beth-shalom

Members who have not received tickets please contact the office on 09 524 4139 or via email: office@bethshalom.org.nz.

Please **bring your ticket with you** to services and present on arrival at the gate, either on your mobile device or a printed copy. That will help our Security team facilitate a smooth entry for everyone. No-one will be granted entry without a High Holy Day ticket.

#### Do you have your own set of Mishkan T'Shuvah?

Our High Holy Day Machzorim come in a set of two. If you don't already have your own, they are available for \$90 per set from the office. For those planning on joining our Zoom room, rather than attending in person, please note that we are unable to page share, so having your own set will enhance your experience of the services.



To purchase please contact <u>office@bethshalom.org.nz</u> or call +64 9 524 4139. Copies will be available for collection at synagogue (including at the High Holy Days themselves), or can be posted to people living outside of Auckland.

#### **Yizkor Book**

Our Yizkor book includes the names of everyone who is listed on our monthly Yahrzeit lists. If you have any new names to add, please contact the office. If you are a new member, you could well have names to add.

# HIGH HOLY DAYS IMPORTANT NOTICES

#### **Live Streaming**

If you are unable to attend services in person, or prefer to participate from home, we hope you'll join us on Zoom. Links will be provided nearer the time. Please note that we are unable to page share from the Machzor. If you do not already own Machzorim, we suggest you purchase a set.

#### **Parking restrictions**

There are parking restrictions along Manukau Road between 7am-10am (on the opposite side) and 4:00pm and 7:00pm (on both sides) on weekdays - cars towed away promptly during these hours.

#### Health

We urge anyone who is unwell (or who has unwell household members) to join us online for High Holy Day services. Our communal experience over the past couple of years has been that joining online is a very personal and meaningful way of observing these important days.



#### Tzedakah ... Tefillah ... Teshuvah ...

In the spirit of the Holy Days, please bring donations of non-perishable food items to shul for distribution to those in need. We ask that you continue the tradition and bring food donations comparable in quantity to that which you would have eaten had you not been fasting.

# HIGH HOLY DAYS SECURITY ADVISORY (CSG)

#### Personal safety and awareness

As we approach the High Holy days - CSG would like to offer some reminders to help keep yourselves, families and our community safe.

#### Workplace, universities and schools

In these places we tend to mix with the broadest range of people and cultures. Whilst the vast majority will be open minded and accepting of religious celebrations and commemorations, sadly some will not.

- · Be careful when sharing information about Jewish events
- · Be aware of who can view your personal computers, laptops or phones
- Report any unwanted contact or communications to CSG or NZ Police Home
- · Pay attention to your surroundings as you arrive and depart your home
- Ensure you have good connections and communication with neighbours and always be willing to share a smile or wave.
- Where possible avoid being distracted on your phone as you leave your car and walk to or from your home. Take a moment to ensure your environment is in the condition you expect to find it.

#### Jewish sites

This will be a busy time with a large number of events, people and movement around Jewish sites.

- Pay attention to your surroundings and do not be distracted by your phone as you approach your temple, synagogue or Chabad.
- Trust your instincts if something seems wrong, talk to someone and advise CSG security immediately.
- · Adhere to all security protocols at your site. Do not leave doors or gates propped open.
- Help security by ensuring that unknown people do not enter and our sites without being screened and verified. If you are approached by an unknown person be polite, but firm and ask them to wait outside the facility and speak with a security.
- Do not loiter around the entry exit gates upon arrival or exit

#### Please report all incidents and suspicious activity to CSG

- · Report it to NZ Police 105 via the web form: and then
  - Report it to CSG online (quoting Police number):
     <a href="https://csg.org.nz/report-an-incident/">https://csg.org.nz/report-an-incident/</a>

In case of emergency, contact the Police first on 111 and then call CSG on 0800 282 527

# **AJBBS**



#### Shalom, friends, as we enter the new year 5785.

We send our condolences to David Zussman on his father's death, and wish all the family, long life.

As well our gratitude to David for re-drafting our AJBBS constitution, to bring it into compliance with current legal requirements. More to follow on this, as we proceed.

Some of the committee recently participated in an online international conference presented by Kavod v'Nichum. This amazing organisation is a coalition of chevre Kadisha groups throughout North America and across the globe. It includes all denominations and unaffiliated friends. There were 290 participants from 5 countries.

Sessions were wide-ranging and included traditional and modern teachings and discussions on end of life care, ethical wills, reciting Psalms, tahara, (ritual washing of the deceased), tachrichim (shrouds), sitting with the deceased, "green" burial practices, conduct of shiva and shiva minyan and of course, how to respond to the ever-increasing cost of dying, burial and related services.

We find that the same motivation, interests and issues unite us and challenge us, whether we are here in Aotearoa, in Spain or England, Ireland or America.

Watch this space for more detail of the teaching and resources in the coming months. We have access to recordings of most sessions, and to a wealth of material. We will share the wisdom!

Attending the conference reminded me, that it is the gift of religious community to inherit our noble traditions from past ages, and weave them into the fabric of modern and future - life. We have the tools to build contemporary practice that responds to present day needs, while honouring ancestors and caring for descendants.

You can participate in this gift by accompanying Rabbi Dean as he leads the Kever Doroteinu service in the New Year, Sunday 6 October, 11:00am at Waikumete Cemetery. A reminder that this year we will include the placing of a plaque to honour our much-loved friend, the late Rachel Denyss.

Finally, blessings on the devoted team of AJBBS committee members, taharah teams, shroud-makers, minyan leaders and our Rabbi Dean, as well as the admin support staff for your collective sacred service. And to all those who enable us to offer this service to you. We pray that the year 5785 will be a time of peace, good health and good works.

L'shana tova u'metukah.

# BETH SHALOM SECURITY PROTOCOL



## Swift entry and exit

Please enter and exit the gates swiftly, ensure they are fully closed.



## No entry without clearance

Please do not admit entry to anyone you do not know. Please do not linger on the street in front.



# Large bag entry restrictions

Please refrain from bringing big bags to the synagogue. They will be checked, and you might be refused entry.



#### Be alert at all times

Please have a heightened level of awareness and vigilance at all events and services, be aware of threats, and report any suspicious activity.



# Report unusual activity

If you see something unusual, report it to the security guard, service leader or to the office.

#### **CONTACT US**

#### **Prayers for Healing**

If you would like our home prayer group to pray for healing for you or for someone close to you, please advise the office.

#### Kvetch and Kvell: Feedback at Beth Shalom

To give constructive feedback - whether positive or negative - please email: feedback@bethshalom.org.nz

#### Tzedakah - Auckland Women's Refuge

The Women's Refuge continues to encounter an on-going demand for non-perishable food items and general supplies such as tea, coffee, flour, long life milk or milk powder, rice, pasta, sauces, baked beans, tinned fish and soup mixes. Women's toiletries are also in high demand. As they navigate through their day-to-day services, your ongoing support remains invaluable. Please place your donated items in the bins in the foyer (under the stairs), thank you for your support. For more information on how you can help contact Chris Shiller (shiller@orcon.net.nz).

#### Affiliated with the Union for Progressive Judaism (UPJ)

Charities Commission Registration Number CC29542 PO Box 26 052, Epsom, Auckland 1344, New Zealand

Telephone: 09 524 4139

**Email:** office@bethshalom.org.nz **Website:** www.bethshalom.org.nz

Communications: communications@bethshalom.org.nz

#### **Board of Management**

President - Michelle Wise, <u>president@bethshalom.org.nz</u>
Treasurer - Tamara Liebman, <u>treasurer@bethshalom.org.nz</u>
Secretary - Roger Reynolds, <u>secretary@bethshalom.org.nz</u>

**Board members** - Michael Robinson, Stephanie Richling, Hilary Hemmins, Daniel Josephs, Arie Rosen, and Mika Daniel

**Community Care**, including Senior Outreach Chris Shiller <a href="mailto:shiller@orcon.net.nz">shiller@orcon.net.nz</a> or <a href="mailto:care@bethshalom.org.nz">care@bethshalom.org.nz</a>

#### **Auckland Jewish Burial & Benevolent Society**

Email: secretary@ajbbs.org.nz

#### Security - Board Representative & Security Working-Group

Email: office@bethshalom.org.nz